**SkillsUSA Georgia Region Championship 2023**

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| **PREPARING FOR THE CONTEST** |

Review Technical Standards

*This contest will follow the “Standards and Competencies” outlined within the SkillsUSA Technical Standards (virtual). Contestants should review the contest’s Technical Standards prior to competing. The information provided here outlines how the contest will be facilitated at the state level.

SkillsUSA Professional Members (advisors and teachers) can access the standards through SkillsUSA Absorb (absorb.skillsusa.org). To join as a Professional Member visit* [*bit.ly/skillsusa-prof*](https://bit.ly/skillsusa-prof)*.*

*Note: Clothing Requirements – Clothing penalties will not be assessed during the state-level contest. Contestants should attempt to wear “similar-like” clothing. Identifying items (name, school, etc.) should not be worn. All safety requirements outlined within the technical standards must be met.*

Gather Materials

*Contestants will need the following for the contest:*

* Filming Device
*A device to complete a video recording. This may be a laptop, phone, or another device with support devices like a tripod, microphone, etc. The preferred file format is MP4.*
* Blank 3"x5" cards
* Pencil or Pen
* All materials and equipment needed for the demonstration to be completed

Arrangement of Virtual Rooms

*The contestant must set up a virtual meeting room space to accommodate the preparation time and presentation. The room must include a table and chair for the preparation time and a speaker's stand, facing the camera for the presentation time.* ***The platform used will be Zoom.***

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| **CONTEST INFORMATION** |

Skill Performance

*This contest evaluates each contestant's ability to give a speech on an assigned topic with a minimum of advance preparation. A three-to five-minute speech will be delivered with a preparation time of five minutes.*

Contest Guidelines

*Contestants will sign up for an individual time slot for their Live contest. Contestants will enter the virtual meeting; the technical committee will reveal the speech topic and then the contestant will be given five minutes of preparation time.*

*The technical committee will select the speech topic based upon material in the SkillsUSA Leadership Handbook.*

*During preparation time, contestants may consult reference materials and take notes on their 3"x5" cards for use during the speech.*

*The speech shall be at least three minutes in length but shall not exceed five minutes. The time will be started when the speech begins. The timekeeper will signal the speaker at three minutes, four minutes, and five minutes. Contestants will be permitted to use a watch or clock.*

*The contestant will not mention their name, school, city, or state. All safety and health practices must be followed.*